

# TRACYTON SOCCER CLUB

## Return to Play Protocol



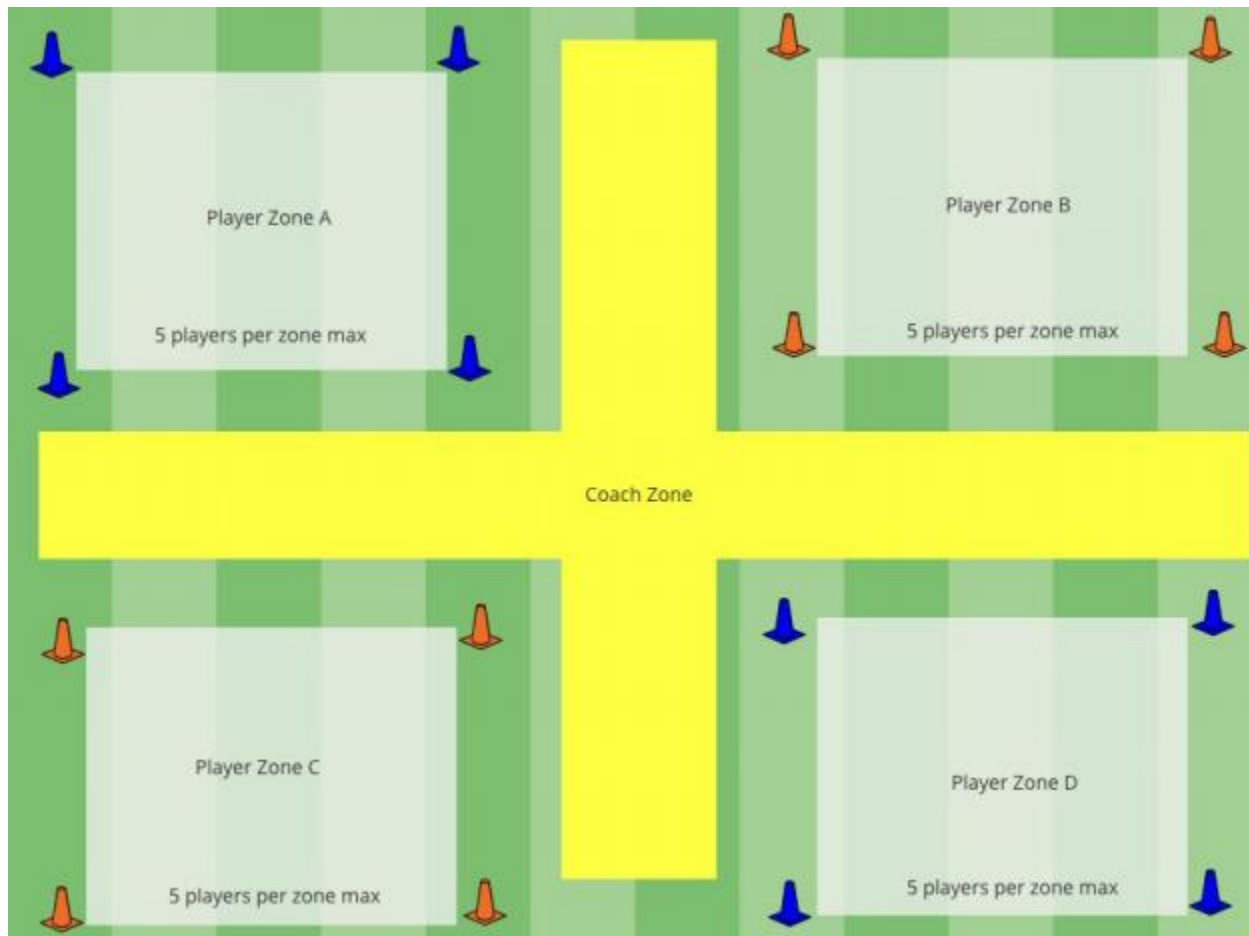
At Tracyton Soccer Club, the health and safety of our players, coaches, and their families is our top priority. Along with Washington Youth Soccer (WYS), we have been working to develop a Return-to-Play protocol for our Tracyton teams. In Washington State, people living in counties which are in Phase II & III are allowed to be involved in Youth Sporting Activities. In **Phase II**, practices with groupings of players of 5 or less, retaining as much social distancing as possible is allowed. In **Phase III**, full team practices may resume as well as teams may begin playing games.

To adhere to these guidelines, Tracyton has implemented the following return to play safety protocol for our club. Please review the following pages to allow you and your family to best prepare for return to play safely.

### Phase II

- Groupings of up to 5 players are assigned pre-practice to a designated practice area that is sectioned off by cones. Each practice area is separated by 20-30'.  
*\*Players will know what zone they are to practice in prior to arrival.*
- No gathering before and after practice.
- As players arrive and depart, they are to maintain at least 6 feet from each other and move directly to their designated practice areas or return to their cars.
- Entry and exit between practices will be staggered.
- Parents/guardians should stay in their cars or stay 50' away.
- Sanitizer should be present for before and after practice.
- Each player needs their own ball and water bottle. Sharing is prohibited.
- Breaks during practice will be organized so that 4 of the players go to a zone corner, and the 5th at the midpoint of the zone.
- Players are to set their gear and water at their designated practice spot.

- Coaches are to stay outside of the player zones.
- Coaches can work 2-4 zones so they can work with the entire team.
- Drills / workouts / trainings are to be designed to ensure no contact with players maintaining at least 5-feet between each other.
- When players arrive home, remove clothing for immediate washing, wash hands, and shower.



### Phase III

- While social distancing is still required, game-like practice conditions may resume.
- Fields cannot exceed the 50 person maximum.
- No gathering before and after practice/games.
- As players arrive and depart, they are to maintain at least 6 feet from each other and move directly to their designated practice areas or return to their cars.

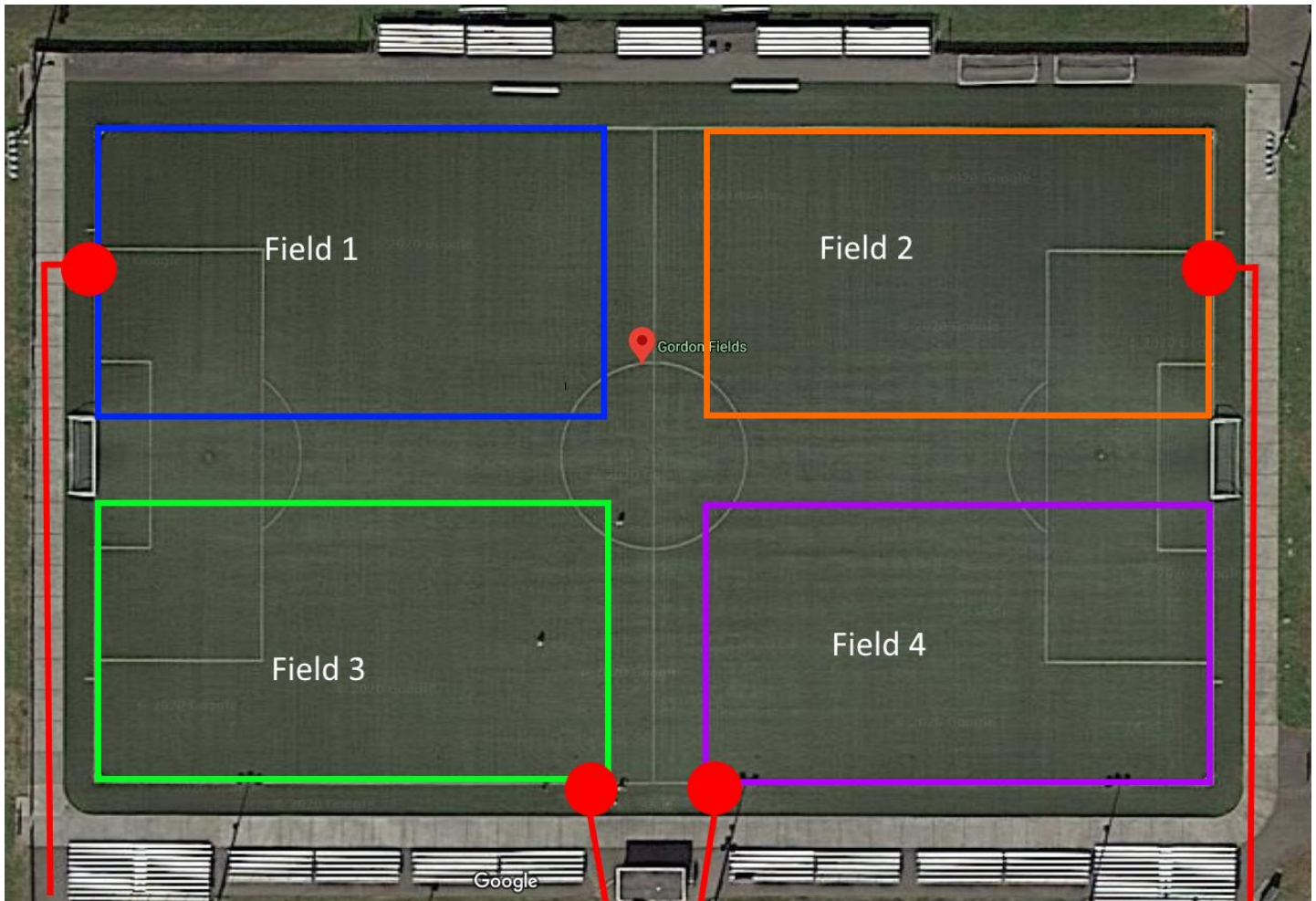
- Entry and exit between practices will be staggered.
- Fields can accommodate up to 50 people, so parents may not be able to view practices / games from the sidelines.
- Sanitizer should be present for before and after practice/games.
- Breaks should include social distancing of 6-feet.
- When players arrive home, remove clothing for immediate washing, wash hands, and shower.
- Games against other teams may resume.
- Sidelines will be set up so that players maintain 6-feet between each other when they are not on the field.

## Roles and Responsibilities

Athlete / Family	Coach
<ul style="list-style-type: none"> <li>• Adhere to all return to play protocols.</li> <li>• If you are not comfortable returning to play, don't.</li> <li>• Respect and practice social distancing.</li> <li>• Check player temperature before training.</li> <li>• If player has a temperature, do not come to training.</li> <li>• Notify club if player or a household member has tested positive for COVID19.</li> <li>• Wash hands before and after training.</li> <li>• Wash and sanitize training equipment after team events (cleats, shin guards, ball, gloves and clothes).</li> <li>• Bring a ball and water to all events.</li> <li>• Do not share water, food or equipment.</li> <li>• Place equipment &amp; bags at least 6 ft apart.</li> <li>• No contact related celebrations, no high-five, etc.</li> <li>• Hand sanitizer should be part of player equipment.</li> <li>• Parent / guardian should stay in their car. If they cannot, please respect social distancing.</li> <li>• Complete event attendance (e.g., TeamSnap)</li> </ul>	<ul style="list-style-type: none"> <li>• Adhere to all return to play protocols.</li> <li>• If you have a temperature, do not come to training, notify club.</li> <li>• Notify club if you or a household member has tested positive for COVID19.</li> <li>• Wash hands before and after training.</li> <li>• Wash and sanitize training equipment after each session.</li> <li>• Do not share water, food or equipment.</li> <li>• Respect and practice social distancing.</li> <li>• Place equipment &amp; bags at least 6 ft apart.</li> <li>• No contact related celebrations, no high-five, etc.</li> <li>• Hand sanitizer, should be part of your equipment.</li> <li>• Check team attendance (e.g., TeamSnap)</li> </ul>

## Gordon Field Map

● Represents designated field entrance / exit. Players will know which field they are assigned prior to training session.



As we move towards returning to play, it is **critical that everyone** observe and abide by the same procedures when we begin field training.

Tracyton Soccer Club supports a family's choice not to participate if a player does not feel comfortable attending club events.

**Questions?** Reach out to your coach or our Director of Select at [select@tracytonsoccer.com](mailto:select@tracytonsoccer.com).